



JISMY K J

QUALITY CONTROLLER

PERSONAL PROFILE

I am seeking a career to utilize my knowledge, experience, and research skill in food technology and nutrition field through self improvement with my abilities, hard work, and commitment.

WORK EXPERIENCE

FACULTY

10/12/2024 - /03/2025

Edexe learning Limited Liability Partnership Firm, Kozhikode, Kerala

- Delivering online classes on Advanced Fruit and Vegetable Preservation Technology & Theory (1.5 hours) using PowerPoint presentations
- Preparing and sharing comprehensive study materials and practice questions to support CUET exam preparation for Central Universities in India.

ASSISTANT PROFESSOR ON CONTRACT

01/06/2023 - 30/10/2024

Vimala College (Autonomous) Thrissur, Kerala

- Worked with Home Science Department in BVoc Food Processing program
- Coordinated and helped in learning and extra-curricular activities
- Conducted stimulating lectures and practical sessions
- Enhanced subject expertise through in-depth research
- Engaged in continuous professional development through attending workshops and seminars, enhancing teaching and research abilities.
- Guided student projects, facilitating progress and also coordinated industrial visits

ASSISTANT PROFESSOR

23/01/2023 - 31/05/2023

Empire College Of Science Moodal, Kuttippuram Malappuram, Kerala

- Delivered engaging lectures and practical's, for both B Voc Food Technology and Bsc Nutrition and Dietetics

TRAINING EXPERIENCE

ON JOB TRAINING

18/7/2022-22/7/2022

NIPHAT - Cochin, Kerala, India

- Attended 5 days On Job training by understanding preservation methods of fish, value added fishery products and microbiological analysis of fish

DISSERTATION WORK

APRIL 2022-JUNE 2022

Core Valleys Herbal Technologies Pvt.Ltd - Nallalam P O, Calicut, Kerala, India

- Completed dissertation on optimizing and developing value-added ketchup from banana peel
- Developed process for banana peel ketchup
- Conducted moisture content and nutrient composition analyses including CHO, protein, fat, and ash Measured essential nutrients like Fe, Zn, Ca, K, Vit C. Measured pH levels, acidity, TSS, TPC and antimicrobial activity

CONTACT

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ACHIEVEMENTS

- Qualified UGC Net June 2024

PROFESSIONAL CERTIFICATE

- Highfield HACCP Level 3

SKILLS

- Good Management skill
- Effective Communication
- Time Management
- Leadership
- Confident
- Good laboratory knowledge
- Quality Assurance (QA)
- Quality Control (QC)
- Food sample analysis
- HACCP
- Food risk analysis
- Sensory evaluation
- Production planning
- GMP
- Menu planning
- Computer skills (MS Office)
- Research

LANGUAGES

- English(Fluent)
- Malayalam(Fluent)
- Hindi(Intermediate)

ONLINE CERTIFICATES

- Food Allergy Online Training
Food Standard Agency
- The Vacuum Packing And Modified Atmosphere Packaging Of Food
Food Standard Agency
- COSHH Awareness
The International Association For The Chemical Safety

INDUSTRIAL VISITS

- LAZZA ice cream, Ernakulam, Kerala
- MODERN Bread, Ernakulam, Kerala
- KLF Nirmal industries,
Irinjalakkuda, Thrissur, Kerala
- Ripple Tea, Munnar, Idukki, Kerala
- Macofa Chocolate factory,
Munnar, Idukki, Kerala

PERSONAL INFORMATION

- Father's Name: Joy K D
Mother's Name: Sony Joy
Date of birth: 22/12/1998
Gender: Female
Nationality: Indian
Marital status: Unmarried
Driving license :Yes
Passport : Yes

REFERENCES

Dr. Thomas Rubi Mariamma
Head of the Department
Dept. of Home science Vimala College
(Autonomous), Thrissur
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Mrs Dilna
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, University of Calicut
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Mrs Shafna E
Head of the Department
Department of Food Technology
M.S.T.M Arts and Science
College, Perinthalmanna, Malappuram
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E mail : shafnae@gmail.com

IN-PLANT TRAINING 15/4/2021-22/4/2021

Orkid Bakes And Food Pvt- Koratty, Thrissur, Kerala, India

- 7 days of training
- Acquired knowledge of bread and biscuit production techniques

E-INTERNSHIP 1/7 2020-1/8/2020

Institute Of Health Intelligence And Research, Nellore,
Andhra Pradesh, India

- Completed 1-month E-Internship in clinical nutrition through case studies

NUTRITION CAMP 2019

Thekkumkara colony, Wadakkanchery, Thrissur, Kerala
India

- Assess nutritional status of women aging between 20-70
- Conducted nutritional awareness programme and diet council
- Demonstrated nutritious recipe with locally available foods
- Conducted nutritional survey of women residing in the particular area

IN-PLANT TRAINING 20/12 2018-05/1/2019

Rhema Dairy Product India Pvt.Ltd - Erumathala, Aluva,
Ernakulam, Kerala, India

- 15 days of training
- Studied about processing of milk
- Understand the processing techniques for ghee, curd, and buttermilk
- Performed Gerber test, MBRT, acidity, and adulteration milk tests.
- Grasped operations of CIP and ETP plant.

EDUCATIONAL QUALIFICATION

MSc FOOD SCIENCE AND TECHNOLOGY 2020 - 2022

School Of Health Science, Calicut University Campus
Thenhipalam, Malappuram, Kerala
CGPA : 3.24

PG DIPLOMA IN NUTRITION & DIETETICS 2019 - 2020

Vimala College (Autonomous) Thrissur, Kerala
86.33%

BSc FOOD TECHNOLOGY 2016-2019

MSTM Arts and Science College Perinthalmanna,
Malappuram, Kerala
78.60%

I hereby declare that all the details furnished above are true the best of my knowledge and believes.

PLACE: THRISSUR
DATE: 30/01/2025

JISMY K J